ROADMAP FOR PERSONAL DEVELOPMENT
USERS MANUAL

NAME ACRONYM

HERO's JOURNEY

IN 10 YEARS

THEATER AS HEALING

HELPER

ULTIMATE WISHES

- ★ FEEL MAGICAL
- ★ SOBER & LUCID
- ★ EFFORTLESS LIFE
- ★ OPEN MINDED
- ★ AUTHENTIC
- ★ SPONTAN
- ★ PLAYFUL

ALL MY IMPOSSIBLE DREAMS

DEVOTION TO SOMETHING GREATER THEN SELF

- HOMEOSTASIS

REPAIR

UNDERSTAND MY FEARS

THE NEW TRUTH

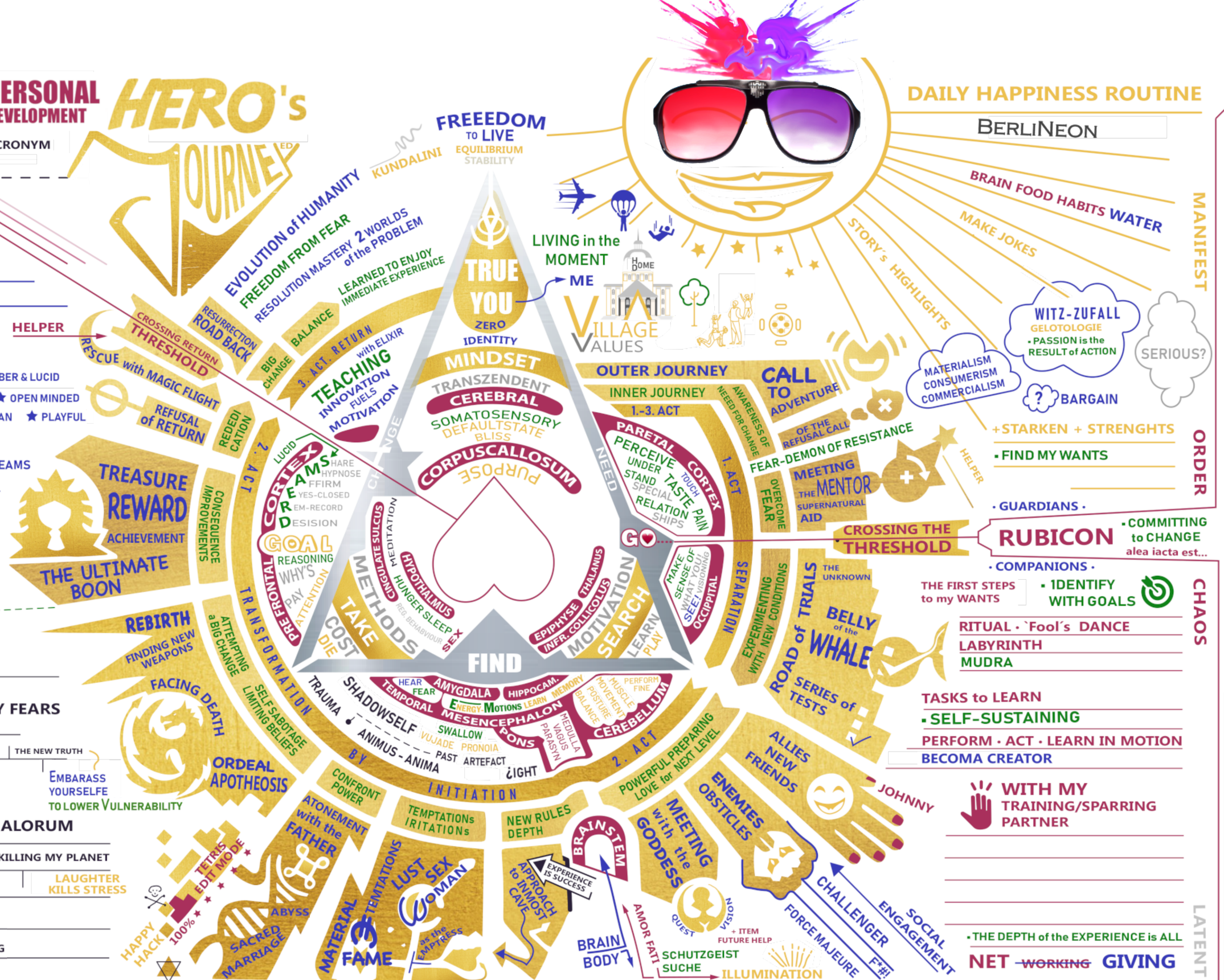
EMBARASS YOURSELFE TO LOWER VULNERABILITY

PREMEDITATIO MALORUM

(INNER) MONSTERS ARE KILLING MY PLANET

LAUGHTER KILLS STRESS

ADDICTION

HOLOTROPES BREATHING

PSILOCIN THC LSD